

## Packages

Rouge offers a full range of Special Occasion Packages. Including Corporate & Business, Birthday Parties, Pamper Parties, Bridal Packages, Valentines or Friends.

<b>Revitalise</b>	(2hrs)	R490
Full body massage		
Express facial		
<b>Maintenance Package</b>	(3¼hrs)	R630
Manicure, pedicure & aromatic complex facial		
<b>Restore / Regenerate</b>	(5¼hrs)	R900
(Including a 60min light lunch)		
60 min Back Massage		
Aromatic Complex facial		
Spa Manicure		
Spa Pedicure		
<b>Gentleman's Package</b>	(2¼hrs)	R580
Purifying facial		
Swedish Massage		
<b>Gentleman's Maintenance Package</b>	(3hrs)	R620
Purifying facial		
Spa Manicure		
Spa Pedicure		
Ear, nose, brow wax		
<b>Deluxe</b>	(6¼hrs)	R1160
(Including a 60min light lunch)		
30 min back, neck and shoulder massage		
Vitaderm Body Wrap		
Firming Sauna Masque Facial or Environ Facial		
Spa Manicure		
Spa Pedicure		

## Opening Hours

Mon - Fri : 9h00 - 20h00  
Sat : 9h00 - 18h00  
Sun : 10h00 - 17h00  
Earlier bookings by arrangement  
Telephone: 021 797 9871  
Email: info@rougespa.co.za

## Facilities:

Rouge actively encourages the use of the sun deck, swimming pool and jacuzzi - before or after your treatment - so please bring a bathing suit/bikini if you wish to fully enjoy the Rouge Spa Experience.

Refreshments & light snacks available.

To make your Rouge Spa experience more memorable, we suggest the following:

Arrive 15 mins prior to your appointment to allow time to fill in the consultation form and shower before your treatment if necessary. Towels, robes, slippers and disposable underwear are supplied by Rouge for your convenience. Please inform your therapist if you have any health conditions so that they can advise you accordingly as to what treatments may be contrary to that condition.

## Cancellation Policy:

As most of our treatments require time for preparation, please give 24 hours notice should you wish to cancel. A 50% fee will be charged should you fail to arrive without giving notice. We will however assist in rescheduling your appointment. In the event of late arrivals, treatment duration will be reduced accordingly, however we will try our best to ensure that the quality of your treatment is not compromised. 50% deposit will be required on all group bookings and day packages.

## No Children Policy:

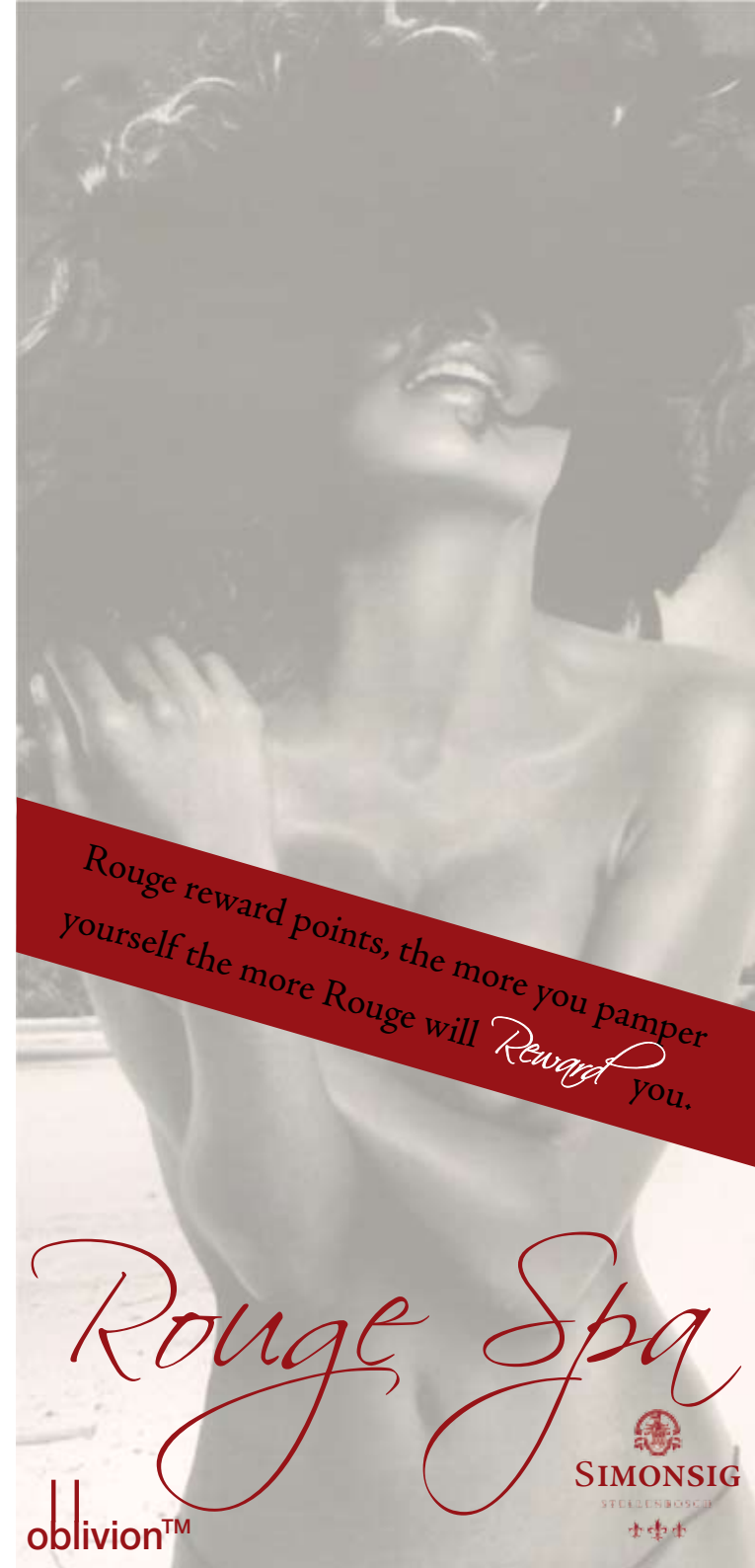
For the comfort & safety of our guests, we operate a no children policy.

27 Gibson Rd, Kenilworth  
(entrance on Ascot Rd.)  
info@rougespa.co.za  
tel/fax: 021 797 9871

Banking Details:  
Bank: Investec  
Branch code: 580105  
Acc. no: 10010784354



oblivion™



Rouge reward points, the more you pamper yourself the more Rouge will Reward you.

Rouge Spa  
oblivion™  
SIMONSIG  
STELLENBOSCH

## Facials

### Vitaderm Facials:

Facials include a brow shape & scalp massage.

**Express Facial** (45mins) R180

A quick pick me up treatment incorporating one of the five aromatic massage complexes.

**Purifying treatment** (60mins) R280

A highly effective purifying treatment with soothing antiseptic properties.

**Aromatic Complex Facial** (75mins) R310

A deep cleansing treatment which includes a selection of essential serums for every skin type after cleansing, exfoliating, extractions & a shea butter neck & shoulder massage.

**Phyto-Essential Gel Therapy Facial** (90mins) R320

For dehydrated skin, providing lasting radiance & nourishment.

### Specialised Facials:

**Vitamin Masque Treatment** (90mins) R350

The ultimate skin conditioning during periods of extreme dryness.

**Firming Sauna Masque** (90mins) R350

The ultimate firming & toning treatment.

### Vitaderm Mild Peel Treatments:

**Anti-Ageing** (60mins) R330

Course of 6 R1800

**Acne** (60mins) R330

Course of 6 R1800

**Pigmentation** (60mins) R330

Course of 6 R1800

### Environ Facials:

**Environ Facial - Basic** (60mins) R280

**Environ Facial - with Alginate Mask** (90mins) R310

## Manicures

### Using OPI & ORLY Nail Varnishes:

**Spa Manicure** (60mins) R190

**Spa French Manicure** (60mins) R240

**Depileve Paraffin Manicure** (60mins) R300

**Deluxe Spa Manicure** (90mins) R300

(Includes Environ Hand Treatment)

**File and paint** (30mins) R55

**Mini Manicure** (30mins) R100

**French Varnish extra** R50

## Pedicures

### Using OPI & ORLY Nail Varnishes

**Spa Pedicure** (60mins) R220

**Spa French Pedicure** (60mins) R250

**Depileve Paraffin Pedicure** (60mins) R300

**Deluxe Spa Pedicure** (90mins) R300

(Includes Environ Foot Treatment)

**Mini Pedicure** (30mins) R100

**French Varnish extra** R50

## Waxing

Facial wax (eyebrow, lip, chin) (each) R50

Underarm wax R70

Full arm / back / chest (each) R110

Bikini line R80

Brazilian R110

Full bikini (Hollywood) R170

Half leg (top) & bikini line R170

Half leg R110

3/4 leg R140

Full leg incl. Bikini line R190

Full leg incl. Hollywood R280

Full leg incl. Brazilian R240

## Tinting

Brow & lash tint R100

Lash tint R70

Brow tint R60

Electrolysis (15mins) R70

## Tanning

**Caribbean Tan including Full Body Exfoliation** R300

Touch up tanning R120

**Sunbed** 1 x session R50

10 x sessions R400

A session is timed according to skin type

## Body Treatments

All Body treatments include a scalp massage.

### Vitaderm Body Treatments:

#### Slimming & Anti Cellulite Wrap

This treatment helps to stimulate blood circulation and lymphatic drainage. 10 treatments are performed over a period of 5 - 7 weeks.

**Legs, hips, stomach & upper arms: x 10 sessions** R1700

**Vitaderm Body Wraps:** (60mins) R270

**Balancing Wrap** - Excellent for fluid retention and stress related hormonal imbalances (PMS, Menopause).

**Reviving Wrap** - Great for poor circulation, tiredness, low blood pressure, lethargy.

**Detoxifying Wrap** - Highly recommended for toxic accumulations.

**Relaxing Body Wrap** - Excellent for muscle stress, insomnia.

**Uplifting Body Wrap** - A wonderful skin conditioning treatment.

The only blend recommended as 100% safe during pregnancy.

**Purifying Back Treatment** (60mins) R230

A deep cleanse for the back including a massage.

## Massages

**Aromatherapy** full body (75mins) R380

**Swedish** full body (75mins) R360

**Back Massage** (30mins) R190

(includes back, neck & shoulder) (45mins) R240

(60mins) R290

**Moya Crystal Massage** (75mins) R420

Commencing with an invigorating full body salt scrub, with specifically formulated oil blends for him/her, followed by a full body massage with warm crystals, and facial drainage with cool crystals to rebalance & re-energise the body, mind & spirit.

**Hot Stone Massage** (75mins) R440

A firm full body massage using heated basalt stones to warm the muscles in preparation for deeper work.

**Reflexology** (45mins) R180

A gentle foot treatment focusing on pressure points to stimulate and relax the organs in the body.

**Hot Stone Back Massage** (30mins) R240

**Hot Stone Back Massage** (45mins) R300

**Hot Stone Back Massage** (60mins) R380